



**Carers' in Service (CIS);** pastoral care and more

Are you called to 'help' other people? Would you like to understand how Jesus was able to help others? Ever consider how Jesus encountered, talked with, listened to, and healed so many people?

In the CIS group we will be studying relationships and authentic selves, and participating with Jesus to help the world. Learn more about compassionate relationships, active listening, personal spirituality, and acceptance of others.

Join the CIS class beginning September 16, 2018 at 2:45 to 4:45 at St. Paul's Sparks in the nave (worship space). We will meet for 6 sessions ending October 21.

Learning goals for the class include:

- learn active listening skills, set boundaries
- reflect on own behavior when interacting with others
- understand what constitutes a relationship
- use group dynamics
- have an awareness of diversity
- have a sense of comfort in visiting and praying with others

Please call St. Paul's, Sparks with questions about the class 775-358-4474 or Pastor Jody Lediard @775-846-7116.

